Both ecological and environmental studies are based on the environment. Ecology and environment are two aspects of nature and its study that have taken centre stage today. This is both because of degradation of the environment through pollution as well as changes in ecology caused by natural forces. As both ecological and environmental studies are about inter-related concepts, they cause confusion in the minds of readers, and many think of these two as same, which is not true. Environmental studies focus on the human interaction between the humans and the environments they live in. This is done in order to find solutions for complex problems. For example, environmental scientists can help to create a programme to reduce pollution.