Home preparation of these cuisines is weakly developed, with the exception of Italian cuisine. French cuisine is not actually practiced at home. This is connected with the refined nature of the cuisine and the high culinary requirements for its preparation, which scare off the respondents. As for shopping and eating in restaurants and other catering establishments, a small list quickly emerges including wine, champagne, spirits, cured ham (jamón) – as for the catering, there is the “Il Patio” chain of restaurants. There is thus a contradiction between the values and the practice – what is high